



## Unit 3

„Enjoy the little things, for one day you may look back and realize they were the big things“

Robert Brault



### Think / Discuss

1. How do you understand this quote?
2. What is this one little thing you can do today to make someone smile?
3. What 'little act of kindness' have you performed recently?

Three things I am grateful for today:



1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_